Create Your Rapid Exit Plan!



ZOOM Controls

Mute Audio & Video (click black bar), Ask Question, Chat type question or, Unmute Microphone Audio or Video Problems: refresh browser, end meeting & rejoin meeting

Introduction:

Get Organized, Not Overwhelmed. Who is your Designated Person?

1. Gather & Scan Vital Information

Printer Pro Lite free app to easily print from your smart phone. **Evernote Scannable** or **Adobe Scan** turn documents to PDFs. **Scanner Bin** (Amazon) cardboard cube to capture documents. Hide Binder in plain sight or secret location, garage paint cans, not master bedroom (theft).

Emergency "Grab & Go" Binder - What is Your Vital Information?

Emergency Contact List

Expanded list or short relay list to designated friends or relatives. Homeowners/rental insurance, workplace, caregivers, spiritual leader. 24-hour emergency repair – heating/cooling, plumbing, roofing.

Your Immediate Family

Separate page for each member. Identify Your Immediate Family, photo, contact info and. You and each family member living with you: Birth certificate, SS card, driver's license, passport, voter & firearm registration. Marriage license, divorce papers, pre-nup.

Education: Diplomas, degrees, classes, credits, thesis.

<u>Your Pets:</u> Separate page for each pet, name, breed, date of birth, collar & ID tag, photo, tattoo, microchip (keep phone # up to date), upload pet info to **ASPCAapp.org**, disposition, food & feeding instructions, medications, cost limit for treatments.

Veterinarians breeding & health records. Where records are kept.

Google: Pets Inside stickers

Medical

<u>Contact info for</u>: MDs, Dentists, medical insurance card, medical history summary (shots, surgeries), specialists, optometrist, eyeglass prescriptions

<u>Medications</u>: Date when last updated, all daily / weekly medications, pharmacies. emergencies. Care Zone Health Info Organizer. VialofLife.com on / in refrigerator.

Financial

List only names of institutions, Contacts, Funds, not monetary amounts. Bank / CU names and contact info. Checking and savings account and routing numbers. Safe deposit box. Auto withdrawals. Investments: Firm, Broker, Account no., contact information.

Legal

Will, Power of Attorney, attorney contact info. Living trust, Advanced Health Care Directive, POLST, Death Certificates. Where all these documents are kept. Business contracts.

Your Home

<u>Mortgage / Lease / Deed</u>: Who / how much you owe for mortgage or rent, check or auto pay, which bank?

<u>Insurance Contact info:</u> Life, medical, dental, home, apartment, car, SUV, truck, boat, RV, motorcycle, ATV, storage unit, long term care.

2. Video & Photo Inventory Your Home & Valuables

Photo & Video Your Home & Valuables

(2-5 min / area) tour of entire home, yard & garage. Placard next to item with price and year. Use pillowcase for jewelry backdrop. Heirlooms, collectables, hobbies, firearms, valuable tools. Update when a new valuable is added.

<u>Vehicles:</u> Inventory all your motorized valuables, VINs, plates.

Storage Lockers: Location, combinations, keys.

Organize Your Photos

Do this for you. Your children may not care.

Quick Sort: Toss blurry photos. Are you interested in person or happening?

File in a Yearly or Decade Box (Hobby Lobby or Michaels)

Photos & Photo Albums

Photomyne.com: app to capture your Photo Albums & Scrapbooks

Google: Anti-glare polarized filters, with smart phone clip. Scanner Bin (Amazon).

DIY Slides and Film Negatives: Photomyne Ultra-Thin USB Powered Light Pad (Amazon).

www.BeNicheAndFamous.com Select: Photomyne Best Tips

Slides: Walmart, Costco

<u>Transfer Photos:</u> from iPhone to a PC. PNY Duo-Link 64GB <u>Transfer Slides</u>: Videos 8mm Film, negatives **DigMyPics.com**

BREAK – 15 minutes

Don't Log out!

3. Evacuation Planning

Google: Emergency alerts for your county.

California: PGE, NIXLE Alerts.

BC Canada: www.AlertReady.CA

Red Cross App has 35 alerts

Half tank of gas, meeting place. Listen to TV/radio, call **211** and **Google** for state/local evac.

routes. It you can't call, text.

Off Road: Free: Polaris GPS, Pay: Gaia, Komoot, Other: Google Maps, Maps.me, HereWeGo

Warning: Don't always trust Off-Road Apps during extreme weather or emergencies

California: www.Fire.CA.Gov.current_incidents

US & Canada Forest Service Fires: https://firms.modaps.eosdis.nasa.gov/usfs

Evacuation by State: Turn to **Page 5** of Handout

4. Create Your Rapid Exit Plan

Six Ps of Evacuation: People & Pets, Papers Phone #s, Prescriptions, Pictures, Irreplaceable, Phones Computers, cash. Irreplaceable items that you would be devastated if lost. **Multiple plans**, 24, 6, 2 hours, 30 min. or get out now. Keep in garage, nightstands, coffee table.

Items to Help You Evacuate: Headlamp 100-300 lumens, Nitecore w/rechargeable batteries. Cascade Mt.Tech, GE Enbrighten lantern, heavy duty garbage & duffle bags, crowbar. Items not on display pack in box.

Go Bags: RedCrossStore.org *Add:* Binder, medications, sweets, Powerade, cash, N95 mask, goggles, Swiss Army Knife, Leatherman, cards, child's favorite toy, teddy bear, blankie. NOAA radio, solar phone charger, vehicle charger adaptor.

Vehicle Go Bins: Sturdy boots, toilet paper, soap, sanitizer, batteries, underwear, Half a gallon of water each person for 2 weeks, hat, sweatpants, jacket, socks, blankets, canned food, camping stoves, lighter, pet food, bowls, leash, toys, carrier, cat liter. Stack bins in garage.

If Danger is Looming: Vehicle already packed and in driveway, facing road.

5. Computer Files Backed Up to the Cloud

Three Forms of Proper Computer Storage & Backup

1. Original Device

Desktop or Laptop Computer, Phone, Tablet

2. External Drives (home / local / manual)

Manual Flash/Jump drives 16GB (~ 5K photos) Have multiple in different locations.

SanDisk 256GB (~80K photos). Samsung SSD T5 – 1T (\$100 Amazon)

MAC Time Machine – Apple > System Preferences > Time Machine

3. Cloud Storage: Manual, Google Drive, Drop Box.

Cloud Backup: Automatic, works in background.

MAC: iCloud auto turned on when you first setup your computer.

PC Free: OneDrive 5G, MiMedia 10GB, Pay: Office 365 One Drive Personal Vault.

Third Party: Carbonite.com, IDrive.com.

Putting it All Together

- 1. Start with your Rapid Exit Plan. Different plans based on time for house, garage, yard. Place all around house.
- 2. Create your Go Bags & Go Bins. Have them filled and ready for a quick evacuation.
- 3. Convert Paper & Photos to Digital: Gather vital data, photos, convert everything to digital, backup everything to the cloud

Kevin Boyd, M.B.A., M.S., a former Bell Labs engineer and V.P. of a cardiology software company, teaches emergency preparedness and entrepreneurial classes at over 40 colleges in the US and Canada. The primary objective for his writing and teaching is to educate adult students at all levels and equip them with the skills necessary for success.

Email me·	

CommunityEd.boyd@yahoo.com

California Evacuation Routes

California Governor's Office of Emergency Services (916) 845-8506 www.caloes.ca.gov

Google: Emergency Evacuation Routes for "Your County"

Colorado Evacuation Routes

Colorado Division Homeland Security and Emergency Management Department of Public Safety

(720) 852-6600 www.dhsem.state.co.us or www.coemergency.com

Google: Emergency Evacuation Routes for "Your County"

Nevada Evacuation Routes

Nevada Division of Emergency Management (775) 687-0300 www.dem.state.nv.us

Google: Emergency Evacuation Routes for "Your County"

New Mexico Evacuation Routes

New Mexico Department of Homeland Security & Emergency Management (505) 476-9600 www.nmdhsem.org

Google: Emergency Evacuation Routes for "Your County"

Oregon Evacuation Routes

Oregon Emergency Management and Oregon Military Department (503) 378-2911 www.oregon.gov/OMD/OEM/index.shtml

Google: BEECN - Basic Earthquake Emergency Communication Node

Portland: portlandoregon.gov/pbem/article/668061

Washington Evacuation Routes

State of Washington Emergency Management Division

Phone: (253) 512-7056 www.emd.wa.gov

Google: Emergency Evacuation Routes for "Your County"

Canada (BC) Evacuation Routes

British Columbia Ministry of Transportation and Infrastructure www.tranbc.ca/current-travel-advisories

Google: Emergency Updates & Evacuation Routes for "BC" (and your city)