

Create Your Rapid Exit Plan!



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RapidExitPlan.com

ZOOM Controls

Mute Audio & Video (click bottom left), Ask Question (Participants then Raise Hand), Chat type question

Get Organized, Not Overwhelmed

Evernote Scannable turn documents to PDFs. Printer Pro Lite free app to easily print from your smart phone.

1. Create Your Emergency “Grab & Go” Binder

Hide Binder in plain sight or secret location. Who is your **Designated Person**?

Emergency Contact List

Expanded list or short relay list to designated friends or relatives. Homeowners/rental insurance, workplace HR / Union Rep., caregivers, spiritual leader. 24-hour emergency repair – heating/cooling, plumbing, roofing, housekeeper, landlord, assn. mgr, handymen / women.

Your Immediate Family

Separate page for each member. Identify Your Immediate Family, photo, contact info and. You and each family member living with you: Birth certificate, SS card, driver’s license, organ donor card, passport, voter & firearm registration. Marriage license, divorce papers, pre-nup. **Education:** Diplomas, degrees, classes, credits.

Your Pets: Separate page for each pet, name, photo, tattoo, microchip (keep phone # up to date), upload pet info to ASPCA mobile app, collar & ID tag, disposition, food & feeding instructions, cost limit for treatments. Veterinarians, breeding and health records, boarding, pet sitter/walker. *Google:* Pets Inside stickers. Plant/home care instructions.

Military Records: DD Form 214 discharge papers. USA.gov/veterans-documents

Medical

Contact info for: All Drs., medical insurance card, specialists, optometrist, hearing aids, CPAP max/min settings.

Medications: Date when last updated, all daily / weekly and *as needed* medications, pharmacies. Put a separate *Medications Sheet* in the front sleeve of the binder for quick medical emergencies. **VialofLife.com** on refrigerator.

Care Zone Health Info Organizer, Walgreens & Rite Aid refills by scan App.

Your Home

Mortgage / Lease / Deed. Who / how much you owe for mortgage or rent, check or auto pay, which bank?

Accidental death policy that pays off mortgage? **Insurance:** Life, home, apartment, car, SUV, truck, boat, RV, motorcycle, ATV, storage unit, medical, long term care.

Photo Inventory your Home & Valuables: Most insurance companies have apps to organize your inventory. Don’t shoot into light. Photo & Video (2-5 min / area) tour of entire home, yard & garage, heirlooms, collectables, hobbies, firearms, valuable tools. Update when a new valuable is added. Inventory all your motorized valuables, VINs, plates.

Storage Lockers: Location, combinations, keys.

Photomyne.com app to capture your **Photo Albums & Scrapbooks.** Transfer old photos **Walmart, DigMyPics.com.**

Organize Your Keys and Combinations: Make copies of all keys, label each key, place in plastic pouch in front or back of binder, or safe deposit box. *Amazon.com:* **Store Smart** plastic bags. Combinations to locks, alarm codes.

Photo Inventory your Wallet: Copy front and back of credit cards and everything in your wallet. **Add to wallet:** List of medications, eyeglass prescription, emergency contact person, blood type, pet information. Email to yourself.

Financial & Legal

List only names of institutions, Contacts, Funds, not monetary amounts. Bank / CU names and contact info. Checking and savings account and routing numbers. Where checkbooks are kept. Safe deposit box. Auto withdrawals. Where you hide money and valuables. Will, Power of Attorney, Living trust, Advanced Health Care Directive, POLST, Death Certificates.

Break – 10 minutes

Power Outage Quarter Test: Mug with one cup of water, freeze, put quarter on top, if less than half down okay.
FoodSafety.gov Chart that shows after a power outage, what food to keep or discard.

2. Evacuation Planning

Google: Emergency alerts for your county. PGE, Red Cross, NIXLE Alerts. Half tank of gas, meeting place. Listen to TV/radio, call **211** and **Google** for state/local evac. routes. If you can't call, text. **www.Fire.CA.Gov.current_incidents**

Evacuation WWW. _____ Phone: _____

3. Create Your Rapid Exit Plan

6 Ps: People & Pets, Papers Phone #s, Prescriptions, Pictures, Irreplaceable, Phones Computers, cash. Irreplaceable items, devastated if lost. Multiple plans, 24, 6, 2 hours, 30 min. or get out now. Keep in garage, nightstands, coffee table. Headlamp, Cascade Mt.Tech, GE Enbrighten lantern, heavy duty garbage and duffle bags, crowbar. Items not on display pack in box. Garage door Battery Backup.

RedCrossStore.org "Go Bag" Add: Binder, medications, sweets, Powerade, cash, N95 mask, goggles, Swiss Army Knife, Leatherman, cards, child's toy, NOAA or SAME radio, solar phone charger. **"Vehicle Go Bins":** Sturdy boots, toilet paper, soap, sanitizer, batteries, underwear, 2 weeks of water for all, hat, sweatpants, jacket, socks, blankets, canned food, camping stoves, lighter, pet food, bowls, leash, toys, carrier, liter, waterproof matches, air horn.

4. Computer Files Backed Up to the Cloud

Cloud Storage: Manual, **Google Drive**, **Drop Box**.

Cloud Backup: Automatic, works in background. **MAC:** iCloud auto turned on when you first setup your computer.

PC Free: MiMedia 10GB, **Pay:** Office 365 One Drive Personal Vault. Carbonite.com, IDrive.com.

Next Steps

1. Start with your **Rapid Exit Plan**. Different plans based on time for house, garage, yard. Place all around house.
2. Create your **Go Bags & Go Bins**. Have them filled and ready for a quick evacuation.
3. **Create Grab & Go Binder:** Gather vital data, create binder, convert everything to digital, backup to cloud

Kevin Boyd, M.B.A., M.S., a former Bell Labs engineer and V.P. of a cardiology software company, teaches emergency preparedness and entrepreneurial classes at over 40 colleges. The primary objective for his writing and teaching is to educate adult students at all levels and equip them with the skills necessary for success.

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